



Holmfirth Cycling Club

Open 10 mile time trial promoted for and on behalf of Cycling Time Trials under their rules and regulations

8am, Sunday 12th September 2021

Course V210

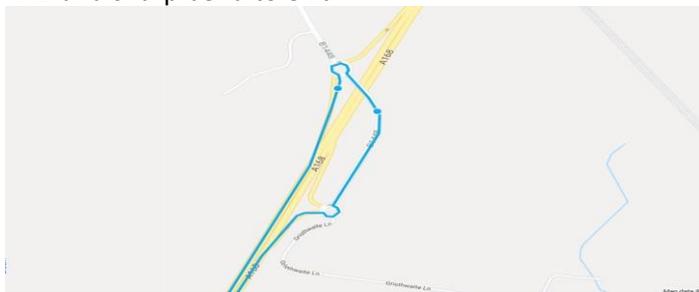
Event Organiser Martin Turner, Flowery Field Cottage, Penistone Road, Hade Edge, Holmfirth, HD9 2JG
Timekeepers Phil Hurt and George Barker
Headquarters Dalton Village Hall, Willow Bridge Lane, Dalton, Thirsk, YO7 3BN

Course

START on eastern side of unclassified road leading from Rainton Traffic Island to Rainton village in field gateway at a point 1100 yards north of the island opposite centre post of short wooden fence on opposite side of road. Proceed south on Rainton Lane to traffic island (0.62 mls) Bear left down slip road to join northbound carriageway of A168. Proceed along A168 to junction with slip road to B1448 (Thirsk) 5.09 mls. Bear left up slip road to traffic island where bear right (3rd exit) over bridge over A168, bearing right to next traffic island. Keep left to join A168 southbound carriageway. 5.90 FINISH at start of crash barrier protecting electrical installation on left hand side of slip road. 10.00 mls.

Course warning

You will descend onto a roundabout, just before re-joining the dual carriageway 5.90miles in, at speed, do not attempt to negotiate this at speed or on the aero bars as it is a sharp bend around the RAB and sharp bend to exit.



Headquarters

Dalton Village Hall is with a residential area. **Please respect residents by parking considerably.** Do not park in the new estate opposite the HQ. Please respect locals' privacy etc and keep noise to a minimum. Please remember it will be early on a Sunday Morning

Sign on and signing out will be at the HQ

Parking and WC's available at HQ

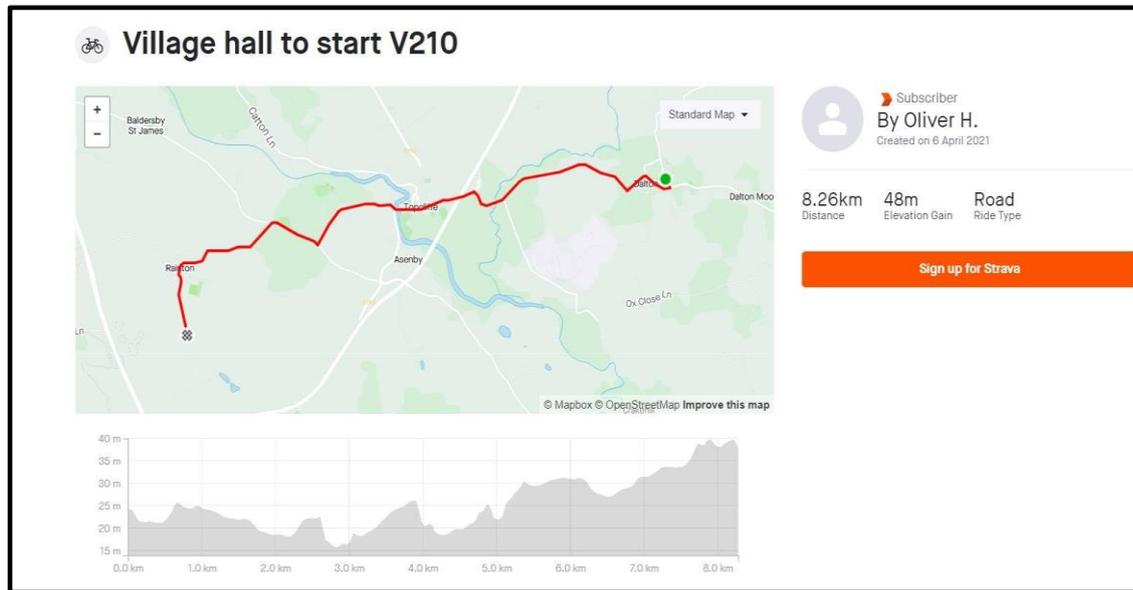
Refreshments will be being served

Results will be on display within the HQ

Please respect social distancing indoors

HQ to Start

Please note the start/finish is 5.1 miles from the HQ. Please allow enough time
Please use the following route which avoids riding on the course
www.strava.com/routes/2814469488720115534



The route will be signposted



Warming Up

No warming up on the course once the event has started. No U Turns within sight of the start or finish

Rear Lights

A functioning rear light is compulsory. **No light = No start.** Holmfirth CC also strongly recommend the use of a forward-facing light

Helmets

All competitors under the age of 18 and/or junior must wear a properly affixed protective helmet. Holmfirth CC also strongly recommend this for all competitors

Marshalls

Members of Holmfirth CC will be on the course giving up their time for the safe running of the event. They are not responsible for the control of traffic and all traffic laws must be adhered to including giving way where necessary. Responsibility for knowing the route falls with the rider

Prizes

	<u>Male</u>	<u>Female</u>
1st Overall	£40.00	£40.00
2nd Overall	£25.00	£25.00
3rd Overall	£15.00	£15.00
1st Junior	£30.00	£30.00
2nd Junior	£15.00	£15.00
1st Juvenile	£30.00	£30.00
2nd Juvenile	£15.00	£15.00
1st Vet 40-49	£10.00	£10.00
1st Vet 50-59	£10.00	£10.00
1st Vet 60+	£10.00	£10.00

Club team of 3	£10.00 each
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One Rider one prize except team

Prizes will be awarded after the event at the HQ or by BACS if not rider present